

CHIROPRACTIC CARE

Plan DE

Quality, affordable coverage through Health Net and ASH Plans

Health Net has teamed up with American Specialty Health Plans of California, Inc. (ASH Plans) to offer quality, affordable chiropractic coverage. With this program, you're free to obtain this care by selecting a participating chiropractor from our chiropractor directory. Although you're always welcome to consult your Primary Care Physician, you won't need a referral to see a participating chiropractor.

What's covered

OFFICE VISITS

- \$15 copayment per visit/20 visits per calendar year

There is a \$50 annual chiropractic appliance allowance toward the purchase of chiropractically necessary items such as supports, collars, pillows, heel lifts, ice packs, cushions, orthotics, rib belts and home traction units.

What's not covered

Services or supplies excluded under the chiropractic care program may be covered under the medical benefits portion of your plan. Consult your plan's Evidence of Coverage for more information.

LIMITATIONS AND EXCLUSIONS

- Air conditioners, air purifiers, therapeutic mattresses, vitamins, minerals, nutritional supplements, durable medical equipment, appliances or comfort items

- Conjunctive physical therapy not associated with spinal, muscle or joint adjustment
- Diagnostic scanning, MRI, CAT scans or thermography
- Exams or treatment of strictly non-neuromusculoskeletal disorders
- Hypnotherapy, behavioral training, sleep therapy, weight programs, educational programs, nonmedical self-help or self-care, or any self-help physical exercise training
- Lab tests, X-rays, adjustments, physical therapy or other services not chiropractically necessary or classified as experimental
- Pre-employment physicals or vocational rehabilitation arising from employment or covered under any public liability insurance
- Treatment for temporomandibular joint syndrome (TMJ)
- Treatment or services not authorized by ASH Plans or delivered by an ASH Plans provider (except emergency chiropractic services or upon a referral to a non-participating provider approved by ASH Plans)

For additional information, please contact Health Net at 1-800-361-3366 or 1-800-522-0088.

This is only a summary. Chiropractic services can be added to any of our HMO, ELECT Open Access or SELECT 3-Tier POS plans. Consult your plan's Evidence of Coverage, which you receive after you enroll, to determine the exact terms and conditions of your coverage.