



Helping hand

Child care services

Aetna Resources For LivingSM

Finding child care is easier,
thanks to daily life assistance.

For many parents, finding childcare can be a stressful process. You want the best for your child. But you have to think about costs, wait-lists and other factors. Don't worry. We can help.

Call a **worklife specialist** for:

A specific discussion of your child care needs, including:

- When coverage is needed
- Preferred location
- Financial limits
- Type of care needed/preferred
- Research to find care in your area that fits your needs
- Referrals to qualified caregivers
- Guidebooks, tip sheets and other helpful information related to your request

aetna[®]



Go to your member website for:

- A convenient child care search tool so you can do your own child care search anytime, anywhere
- Articles, videos and more on topics such as parenting, education and child development

Worklife specialists can help you with referrals to:

- Before- and after-school care
- Back-up care
- Preschools and nurseries
- Babysitters
- In-home providers
- Family care providers
- Child care centers
- Summer camps
- Special needs care
- Adoption resources
- Financial resources for child care assistance

Find help with your child care search. We're here for you 24/7.

Aetna Resources For LivingSM is the brand name used for products and services offered through the Aetna group of subsidiary companies (Aetna). The EAP is administered by Aetna Behavioral Health, LLC and in California for Knox-Keene plans, Aetna Health of California, Inc. and Health and Human Resources Center, Inc.

All calls are confidential, except as required by law. This material is for informational purposes only. It contains only a partial, general description of programs and services and does not constitute a contract. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to aetna.com.

aetna[®]